

# Speak for thyself



## Alden Kindred of America Announces 2018 Speak for Thyself® Awardees

The Alden Kindred of America, Inc., will honor a business leader, nurse, historian, and photographer at this year's **Speak for Thyself** Awards dinner on Thursday, June 7, from 6-9 pm at the Duxbury Bay Maritime School.

### 12th Annual Awards Dinner

Now in its 12th year, the **Speak for Thyself** Award recognizes exceptional women who, in the spirit of the strong and courageous Mayflower Pilgrim Priscilla Mullins Alden, make their own choices. **Speak** recognizes the importance of advocacy and civic mindedness in the daily lives of our leaders, organizers, family and friends.

There are four recipients for the 2018 awards: **Nancy Capistran, Renee McInnes, Carolyn Ravenscroft, and Elsie Trask Wheeler.**

Alden House  
Historic Site

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Founder and CEO of Capistran Leadership and Crisis Interception, Inc., **Nancy Capistran** overcame financial hardships to put herself through college. She is a sought-after leadership coach and inspirational speaker. Recipient of the *Most Inspirational Member Award for Outstanding Achievement* by the USA500 Club, Nancy is also a dedicated volunteer, working with college students to mentor future business leaders and is a 10+ Gallon Rare Blood donor.

As CEO of the Norwell Visiting Nurse Association (NVNA and Hospice), **Renee McInnes** directs hospice services in 27 communities along the South Shore. Although she misses "being in the trenches" as a front-line nurse, Renee brings results-driven clinical and entrepreneurial business expertise to nursing and palliative care. Renee also serves as Vice President of the South Shore Chamber of Commerce and was recently named one of the top 100 Women-Led Businesses by the Commonwealth Institute and the Boston Globe.

Archivist for the Duxbury Rural and Historical Society, **Carolyn Ravenscroft** has an incredible passion for bringing local history to life. Her extensive research into the lives of the Bradford family women inspired the DR&HS to "reimagine" the Bradford House Museum as a tribute to Charlotte Bradford and her sisters and bring a new focus on women's history to the Duxbury community.

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A renowned photographer, creating images has woven its way through every aspect of **Elsie Trask Wheeler's** life. Her warm love of people, endless curiosity, and desire to be in the thick of the action to get that split-second shot carried her to the far parts of the globe before settling in Connecticut where she discovered a passion for photographing birds. Elsie led the efforts to create the Darien Wildlife Center, which has grown into an outstanding community nature center.

The Alden Kindred will also be recognizing Duxbury senior **Molly Norton** with the "Aspiring Priscilla Award" for her leadership on environmental issues.

Tickets for this inspirational event are \$75 and reservations are required. Tickets may be purchased online at [www.alden.org](http://www.alden.org) or through the museum. The telephone number is 781-934-9092; email [director@alden.org](mailto:director@alden.org). Proceeds benefit preservation of the Alden House Historic Site.

A National Historic Landmark, Alden House Historic Site is part of the original land grant given to Mayflower Pilgrims John and Priscilla Mullins Alden and provides visitors with an intimate look at one of America's founding families. For more information, please visit [www.alden.org](http://www.alden.org).